

*Bereavement
is a darkness
impenetrable
to the imagination
of the unbereaved.*



By Iris Murdoch

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Welcome

To those attending your first meeting or receiving your first newsletter, we extend our hearts in understanding and regret the reason you are joining us. It is so difficult attending your first TCF meeting. Feelings can be overwhelming, but we have all experienced them and know how important it is to take that first step. Topics may vary at the meetings and your first meeting may be a topic which is not of interest to you at this point. Please plan to attend two or three meetings before deciding if TCF is of help to you.

Mar 10th meeting topic:
~ Humor and grief

Apr 14th meeting topic:
~ The early years,
Long term grief

