



Blessed Mother up above,
give my baby all your love.
Hold her tight against your breast,
let her lie her head to rest.

Nor more pain, nor endless suffering,
only tenderness and cuddling.
And please dear Mother hear my plea,
when I die, give her back to me.

Reprinted from

<http://www.freewebs.com/haileykaybishop/poetry.htm>

Welcome

To those attending your first meeting or receiving your first newsletter, we extend our hearts in understanding and regret the reason you are joining us. It is so difficult attending your first TCF meeting. Feelings can be overwhelming, but we have all experienced them and know how important it is to take that first step. Topics may vary at the meetings and your first meeting may be a topic which is not of interest to you at this point. Please plan to attend two or three meetings before deciding if TCF is of help to you.

Jan 12th meeting topic:

~ Be patient with yourself

Feb 9th meeting topic:

~ Coping with the reminders after your loss

