



Help us save money and paper....

Please read the newsletter online.

<http://www.waterburytcf.org/home.html>

In the column on the left, click on "Newsletter."

Welcome

To those attending your first meeting or receiving your first newsletter, we extend our hearts in understanding and regret the reason you are joining us. It is so difficult attending your first TCF meeting. Feelings can be overwhelming, but we have all experienced them and know how important it is to take that first step. Topics may vary at the meetings and your first meeting may be a topic which is not of interest to you at this point. Please plan to attend two or three meetings before deciding if TCF is of help to you.

July 13th meeting topic:

~ What is The Compassionate Friends and how was it started?

Aug 10th meeting topic:

~ Creative Healing

