



*Death leaves a heartache
no one can heal,
Love leaves a memory
no one can steal. ~*

Found on a headstone in Ireland

Reprinted from TCF North Shore/Boston
Online Newsletter June 2011

Welcome

To those attending your first meeting or receiving your first newsletter, we extend our hearts in understanding and regret the reason you are joining us. It is so difficult attending your first TCF meeting. Feelings can be overwhelming, but we have all experienced them and know how important it is to take that first step. Topics may vary at the meetings and your first meeting may be a topic which is not of interest to you at this point. Please plan to attend two or three meetings before deciding if TCF is of help to you.

Jan 11th meeting topic:

~ Communication through grief

Feb 8th meeting topic:

~ Finding hope after your loss

