



## What Siblings Think About

### **I would like my parents to know ...**

- That I'm okay and would like to talk to them about my brother or sister whenever they feel like it.
- That I hurt too and love my brother/sister.
- That my love for my sibling will never go away.
- How special my parents are and how proud I am of their love.
- It's all right if they want to talk to me. I will listen and be sad with them.
- That they are not at fault.
- That it's okay to cry together and that I'm there for them.
- That I'll never forget my brother/sister, the good times and the hard ones.

### **I would like my father to know ...**

- It helps to talk.
- What really happened.
- That if anything happened to him I would feel the same way.
- He is not alone and I want to laugh and cry with him again.
- That his son knew that he loved him
- That it's okay to talk about my brother/sister when I'm around.
- I do cry, not a lot, but I do cry.



### **I would like my mother to know ...**

- I love her.
- It's okay to cry and I'm there for her to talk to.
- That I will always love her.
- She has been my example of giving and love.
- That my sibling is at peace with God.
- It's okay to talk about the past.
- I cry. I knew my sibling in a different way. I think about those times and smile through my tears.

### **I would like my dead brother or sister to know ...**

- We miss you.
- That I love you and miss you and need you in my life.
- That we are well, sharing all we have and waiting to be with you again.
- It's sad around here, but we remember you.
- That we all love you and miss you very, very much.
- That your life won't be forgotten
- That I try to be like you. I am in many ways. One thing I'd like to say is that I go into your room for the memories.

### **The hardest part of losing my brother or sister is ...**

- Having such a hole in our family.
- Believing it actually happened and that I'll never see or talk to him again.
- I will never have a sibling to talk to.
- Not being able to look into your eyes, hug you and laugh with you.
- That I never told you personally that I love you – it was always assumed.
- Losing my best friend.
- Not having you there to complain at me for the things I do.

### **I like to remember my sister or brother by ...**

- Looking at pictures.
- Thinking of you when you would goof off with my children.
- Going to the grave.
- Playing my music loud, singing like you and laughing.
- I listen to the music you liked.
- Listening to your favorite albums.
- Talking about you and looking at your truck in the driveway.